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Subject: **Training Ride 8 - Fulham Hill - Fulham, W6 9L, 8:00 am**  
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## Training Ride 8 - Fulham Hill, W6 9L, 8:00 am

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### Good Morning!

A few of our sharp-eyed veterans are probably thinking how ironic it is to be looking over my shoulder (above) at the wonderful Queen's Park in Columbus which is where we were originally scheduled to ride this week. Unfortunately, Hurricane Harvey had other plans and we are already working very closely with the W6 Columbus community and COC on getting back to the park in 2018.

This week, we will **skip** away from the hills for a week and stay closer to town in Fulham - just under seven miles past the (current) end of the Westpark Triathlon. (We should be three miles past the end of the highway to next year). Many of us were worn out after riding 57 or closer to 57 miles last week. This ride will be a good break and then, we'll hit our longest ride of the year followed by two more rides tapering down but still rilly and finishing the season off with a fat to very gentle 30-75 mile take-up ride from late to Hospital.

As usual, before we get to the ride details, let's look at the weather forecast...  
Weather.com says cloudy with 47-62 degrees and only 20% chance of any precipitation. That's the best we've seen at this point since back in the beginning ride week!

Between the close-in location of the ride this week, the favorable weather outlook, and the fact that we only have 3 rides left, we expect a good-size crowd this week. Arriving early will be vital to beat traffic, looking up.

### Rider Update

We spoke with the rider who was injured by the pickup truck. He came home from the hospital Monday and is recovering with broken ribs and the after effects of a punctured lung and the impact. He wanted me to share his thanks and appreciation for the support team plus his teammates who made sure to get his things back to him and provided great support during and after the incident. He also noted that he has a not-so-good bike for sale if we have a very skilled 40-60-pound rider looking for a real fair-value project...

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**Training Ride 8 - Fulham-Brookshire - Mar 24, 8:00 am - 23, 37 or 54 miles**