



Welcome to the first full week of the race week! The first of our 21 pre-race training rides starts this Saturday and the full training week ends on the final ride on the last night of week 1 (the 21st).

Ready, Set, Go! Cycling Communication Plan

The first thing you will see is there is an expectation of our communication plan. We have a lot of information to share with you and we have made a commitment to be as considerate as possible and keep things as simple as possible. Training, race week, promotional events, pre-race and on-race communications will be sent to you via email to help you manage and track.

Each day of the week is reserved for specific topics. Here is what to expect:

- Monday – **Official Communication** – You will feedback from the weekly ride
- Wednesday – **Training** – Ride info, training schedule, tips, nutrition, hydration, etc.
- Thursday – **Race Week** – Race week schedule, race training week, etc.
- Friday – **Live Race Updates** (and more to come)

The next 2 weeks are what every one of us wants but, you all know we are a family. We would like to see you all together – even on going bike week (week 2 the 29-30).

2016 Training Series Schedule

We have created a series of rides around the city to promote cycling. It's already been posted on the website so we wouldn't be repeating. We did it to show a variety of you and we are a community. We are doing the weekly rides from our website to start and we love, Monday, etc.

We have also used a variety of other sites if the other sites are:

Week	Date	Location	Mileage	Start
1	5/12/16	Ignite	16	Ignite
2	5/15/16	Ignite	16.25	Ignite
3	5/18/16	Franklin Boulevard	21.25-45	Franklin H.S.
4	5/21/16	Pounding the Pavement	35.45-45.45	Audubon Co-Forgery
5	5/24/16	Huber	25.25-35	Knights of Columbus Hall
6	5/27/16	Huber	35.45-45	Huber Middle Park
7	5/31/16	Ride 10 (Huber Park)	Huber	
8	6/3/16	Carl Spring	37.25	Carl Spring Middle Park
9	6/6/16	Seaside-Carl Spring	45.25	Audubon Co-Forgery
10	6/13/16	Paysonville	45.25	Team Square
11	6/20/16	Bloomington	37.45-45.75	Bloomington H.S.
12	6/27/16	New Line	43.25	Francis Park
13	7/4/16	Seaside-Healdton	55.25	Audubon Co-Forgery
14	7/11/16	Columbus	51.25	Seaside Park
15	7/18/16	Franklin Boulevard	45.75	Franklin H.S.

Some of the activities may change slightly as we receive approval of a few new routes but these should be fairly close.

We already have received approval from all these communities for the start so we don't expect any significant changes to the schedule. We did need to meet with several communities, but we did meet with all the locations that would be used. We had a meeting with the community that would be used for the first ride.

Upcoming Events – Ready, Set, Go! Cycling Series – 2016 Race, 5/29-30

Our 2016 Ready, Set, Go! Cycling Race Series will be the 2016 "Go!" Tour to celebrate your riding and to participate with you!

Join Ready, Set, Go! Cycling and the Race (10th Anniversary) on Thursday, May 29, 2016. Join your local you, all will be sharing information on our 10th anniversary celebration for the 2016. The race will be held from 9:00 AM to 1:00 PM. The race will be held from 9:00 AM to 1:00 PM. The race will be held from 9:00 AM to 1:00 PM. The race will be held from 9:00 AM to 1:00 PM.

This is a FREE activity, but if you know you are coming to see our race you can help.